Regular preventer

Very low-(paediatric) dose ICS
(plus LTRA <5 years)

Children ≥5
- add inhaled LABA or LTRA
Children <5
- add LTRA

Additional controller therapies

Consider:
Increasing ICS to low dose
or
Children ≥5
- adding LTRA or LABA
If no response to LABA, consider stopping LABA

Specialist therapies

Refer patient for specialist care

Short acting β₂-agonists as required—consider moving up if using three doses a week or more

ICS=inhaled corticosteroids; LTRA=leukotriene receptor antagonists; LABA=long-acting beta agonists.